

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: AST

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bahnmüller Michael

Coaches: Bahnmüller Jana HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 13-14

Heat:6, starttime: 08:45

Heat: 6/14 Lane : 3 Athlete: BOTERBERGH LIEKE

Q-time: 02:24:25

PB (50m pool): 02:24.25 Sportoase De Watermolen 24/05/2026 PB (25m pool): 02:26.00 SB: 02:24.25 Sportoase De Watermolen 24/05/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.22	01:10.49	01:47.48	02:24.25	
	00:33.22	00:37.27	00:36.99	00:36.77	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12

Heat:4, starttime: 10:02

Heat: 4/20 Lane : 1 Athlete: DE DONDER FLORE

Q-time: 03:11:87

PB (50m pool): 03:11.87 Gent 08/02/2026

PB (25m pool): 03:22.98 SB: 03:11.87 Gent 08/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.60	01:32.97	02:27.25	03:11.87	
	00:42.60	00:50.37	00:54.28	00:44.62	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12

Heat:14, starttime: 10:38

Heat: 14/20 Lane : 8 Athlete: KOLICHEVA KATALEYA

Q-time: 02:56:24

PB (50m pool): 02:56.24 Aalst 26/04/2026

PB (25m pool): 02:59.93 SB: 02:56.24 Aalst 26/04/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.19	01:24.90	02:17.38	02:56.24	
	00:39.19	00:45.71	00:52.48	00:38.86	
					

Coach feedback:

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: AST

Event number: 6: 400M MEDLEY MEN 13-14							Heat:8, starttime: 12:26	
Heat: 8/8 Lane : 1 Athlete: WACHTELAER CELLE							Q-time: 05:19:13	
PB (50m pool): 05:19.13 MOUSCRON 29/05/2025 PB (25m pool): 05:09.43 SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.79	01:13.25	01:52.86	02:33.59	03:18.54	04:07.57	04:44.21	05:19.13
	00:32.79	00:40.46	00:39.61	00:40.73	00:44.95	00:49.03	00:36.64	00:34.92
								

Coach feedback: